



Generation Tennis

2010 COACHING PROGRAMME

MIDHURST TENNIS CLUB FOR ADULTS & JUNIORS

**You can never be too old to start playing
and never say never to improving
your game; whether it is
singles or doubles.**

**The Generation Tennis programme includes:
Mini Tennis for ages 4-11,
Junior tennis for ages 12-18,
Adult tennis for all standards and ages.**

www.generationtennis.co.uk

Mini Tennis

Mini Red



Mini Red is for player's aged 8 and under; and is the beginning of the players tennis journey. Mini Red incorporates agility, balance and coordination skills that will help the player through all aspects of sport.

Mini Red Fees:

Spring Term £30 - Summer Term £60 - Autumn Term £70

Mini Orange



Mini Orange tennis is for players aged 8 and 9. It is the next stage before you start playing on a full sized court and it will help players develop all the different shots, providing fun competition.

Mini Red Fees:

Spring Term £30 - Summer Term £60 - Autumn Term £70

Mini Green



Mini Green is the next step after Mini Orange tennis. It's the next stage to go through before you start playing with a full compression yellow ball on a full sized court and it will help players develop and improve all aspects of their game.

Mini Green Fees:

Spring Term £30 - Summer Term £60 - Autumn Term £70

Junior Coaching

Squad Coaching players can develop their technique and skills and also learn competitive match play and tactics.

Squad Fees:

Spring Term £30 - Summer Term £60 - Autumn Term £70

Adult Coaching

Ladies Rusty Rackets: Come and play tennis on a Thursday morning for an hour and a half, learning the essentials of playing a good doubles game (tactics & match play). Adult Fees: **£6 per person for 1 1/2 hours.**

Adult classes: This class provides a structured programme to improve all aspects of the game. Whether you are new to tennis or wanting to improve your game.

Adult Fees: **Spring Term £30 - Summer Term £60 - Autumn Term £70**

2010 Programme Information

Course Dates

Term	Dates
Spring Term	Week Beginning: Monday 4th January-Monday 30th March (12 weeks excluding week beginning 15th February)
Summer Term	Week Beginning: Monday 19th April - Monday 12th July (12 weeks excluding week beginning 31st May)
Autumn Term	Week Beginning: Monday 6th Sept - Monday 13th December (14 weeks excluding week beginning 25th October)

Midhurst Timetable

Day	Time	Group
Monday	4:30 - 5:30pm	Mini Red/Orange
Monday	5:30 - 6:30pm	Mini Green
Monday	6:30 - 7:30pm	Junior Squad
Monday	7:30 - 8:30pm	Adult Beginners
Monday	8.30 - 9:30pm	Adult Improvers
Tuesday	6:00 - 7:00pm	Junior Match play (Summer Term Only) £4
Thursday	10:00 - 11:30am	Ladies Rusty Rackets (£6 per player)
Saturday	9:00 - 10:00am	Mini Red - Pay & Play £4 per player
Saturday	10:00 - 11:00am	Mini Orange - Pay & Play £4 per player
Saturday	11:00 - 12:00am	Mini Green - Pay & Play £4 per player
Saturday	12:00 - 1:00pm	Junior Squad - Pay & Play £4 per player

Individual Coaching

	One Hour	Half Hour	2 People	3 People	4 People
Alex Bone	£22	£11	£12 Per Person	£8 Per Person	£7 Per Person
James Bone	£22	£11	£12 Per Person	£8 Per Person	£7 Per Person

Yonex Products

Please visit www.generationtennis.co.uk to view the Yonex range of: Racket Bags, Rackets, Clothing, Shoes and Accessories. You can try demonstration rackets during coaching sessions and also view other stock. If you have any orders you would like to place, please contact Alex directly.

- Generation Tennis is working in partnership with Rackets Plus.
- New Yonex products coming soon.
- All products displayed can be purchased from Alex.

Contact Details & Booking

To book onto the junior/adult course please fill in the enclosed booking form or use the online booking facilities at www.generationtennis.co.uk on the 'Contact Us' page.

Or alternatively please call Alex on: 07761 753945.

For any enquiries on groups lessons or individuals lessons please contact Alex directly.

Alex: 07761 753945

James: 07746 408181

Email: alex@generationtennis.co.uk

james@generationtennis.co.uk

www.generationtennis.co.uk

